

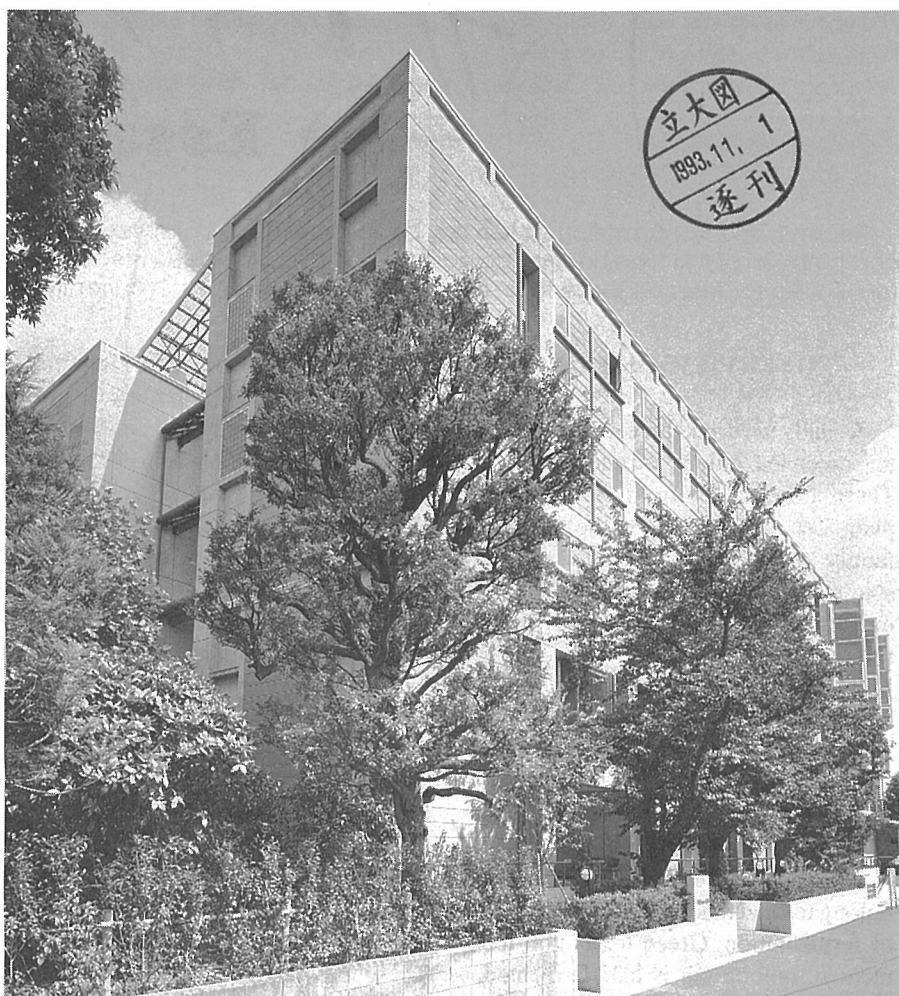


# RIKKYO ECHO

VOL.49 NO.1

ST. PAUL'S UNIVERSITY

JULY 1993



## Williams Hall

Do you know of "Williams Hall?" It is the building which is named after *Bishop Williams* who was the founder of RIKKYO University. It stands at the western end of the University and was built a year ago as a centre for the extracurricular activities of the students. In the building there are ninety-one club rooms (including ECHO's room), eleven music studios, a shower room, lunchroom, Japanese-style room, and so on. We can see many students talking with their friends and practicing their various skills here and there in the building. As we ran an article about the plan for Williams Hall in Vol. 47 No. 2 (December 1991), I'd like to give you some current impressions of Williams Hall which is now one year old.

The greatest advantage produced by Williams Hall is that the students can carry on their own activities freely. Before it was built, some clubs which did not have their own rooms could not find a place for their activities. All the music and theatrical clubs had lacked practice rooms, because they could not practice without worries about noise. Now they have their rooms and can practice without any worries, so their skills are evidently progressing. I have even heard that a certain music club won the third prize in a competition last year. They said it was because of sufficient practice and they were thankful for Williams Hall.

However, there were some problems with Williams Hall. When we were in the building and wanted to eat something, we could use the lunchroom, *Cafeteria Yamagoya*, but I do not think it satisfied our needs. Our request regarding the lunchroom was that the prices be reasonable and that it served popular foods, for example, some kinds of rice dishes. But, in fact, the lunchroom seemed to have aimed at being a good-looking place first, and treated our requests second. So we complained about this. We particularly requested that rice dishes be added to the menu. Last December, *Cafeteria Yamagoya* changed the menu and began to serve rice dishes. Our requests were heeded.

Our efforts can cause changes. We can improve our environment by ourselves. It depends on us whether Williams Hall fulfills its purpose or not. Our haunt will be what we want it to be depending on our determination. Say what you want!

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# An Art of a Drop



## —An Essay About Tea—

Recently the consumption of tea has been increasing. In Japan "tea" in general has meant *green tea*, but the consumption of this type has not increased. The increase is due instead to the consumption of *oolong tea* and *black tea*. I'd like to describe these teas, especially black tea, which is currently the most fashionable tea.

### OVERVIEW OF TEA

Usually we drink three main kinds of tea, green tea, oolong tea and black tea. These are all made from the same tea plant. Tea plants belong to the *camellia* family and originate from *Yün-nan*, or southwest China. The conditions for making tea leaves of good quality are as follows.

- 1) The average temperature for a year is about 15°C.
- 2) It's humid and the precipitation for a year is over 1300 mm.
- 3) There is much variation in temperature between day and night.

The difference among green tea, oolong tea and black tea is just the stage of fermentation. Green tea is non-fermented, oolong tea is half-fermented, and black tea is fully fermented. The leaves used for tea are only the young parts: the stem, two young leaves, and the leaf bud. A tea leaf contains *caffeine*, *tannin* and rich *vitamins*, which are useful to the health. They lessen the damage from alcohol and suppress cancer. Indeed the greatest utility of tea is to enjoy tea time. A cup of tea will bring happy talks, make you feel at home and refresh your mind.

### THE KINDS OF BLACK TEA

The leaf of black tea is classified in "grades" by size. The "grade" doesn't mean the quality. It just means the size of leaves. Starting with large sizes, they are *Orange Pekoe*, *Broken Orange Pekoe*, *Fannings* and *Dust*. *Orange Pekoe* and *Broken Orange Pekoe* are the high-grades, and *Dust* is for the tea bags. As "Orange Pekoe" is also a brand name of a blended tea, we tend to misunderstand that *Orange Pekoe* is the highest-grade tea. "Orange Pekoe" originally means

the form of the leaf. Therefore it is possible to say that the leaves of oolong tea and green tea are *Orange Pekoe*.

Black tea is produced chiefly in three countries, and it is characterized by these places: India, Sri Lanka and China. Indian tea has an astringent taste and strong aroma. The water color is dark. *Darjeeling* and *Assam* are famous. Sri Lankan tea has a light taste and aroma, which is not very unique. The water color is light orange. *Uva* and *Kandy* are well known. Chinese tea has a light taste and characteristic aroma. The water color is a special deep red. *Keeman* is well known.

In addition, there are some blended teas, sold with brand names, such as *Breakfast*, *Orange Pekoe*, *Royal Blend*... These are blends of Indian and Sri Lankan tea. They have various tastes and aromas. Even if they have the same brand name, there are some differences between them.

*Earl Grey*, popular in Japan, is a blended tea flavoured with the oil of *bergamot*, a kind of citrus fruit. *Earl Grey*'s feature is its characteristic oriental aroma. In Japan we usually drink *Earl Grey* as iced tea. Since however, adding milk makes the most of its characteristic aroma, and hot tea is better than iced tea to bring out its taste, I suggest that you drink hot *Earl Grey* tea with milk.

### HOW TO MAKE TEA

The instruments for making black tea include a kettle, a teapot, tea cups, tea-spoons, and a tea strainer. Some use *Mellior*, but this is bad for the tea because it crushes leaves. *Mellior* was originally for coffee. Teapots are best for tea. You should not use instruments containing iron. Iron combines with tan-

nin and spoils the tea taste. You should use a round pot and white shallow cups. In the round pot the leaves can open fully, and white shallow cups allow you to enjoy the color of the tea.

Factors important to enjoying black tea are the astringent taste, aroma, and water color. Most Japanese have a sharp sense for good aromas and beautiful colors, and they hate astringency. Yet astringency is necessary to black tea. When you make black tea you shouldn't pour the tea quickly so as not to extract it. You must wait a few minutes and extract the flavour adequately.

At first, you have to warm the teapot and cups enough. The quantity of the leaves usually follows the number of the cups plus one more teaspoonful, but this also depends on the form of the leaves. When they are *Orange Pekoe* you use a little more, and when *Broken Orange Pekoe* you use a little less.

Then you pour a suitable quantity of *fresh* boiled water into the pot at a stroke. You should let it sit for some minutes until the leaves open up. It takes about five or six minutes for *Orange Pekoe* leaves and about three minutes for *Broken Orange Pekoe* leaves. At that time there occurs a convection in the pot as the leaves open, moving up and down. This movement is called "jumping" and brings out the deliciousness.

Finally, you pour the tea into cups and drink it in your own way before it gets cold. The most important things in making tea are to use water which just has grown hot, and to wait for the fixed length of time before pouring it into cups. If you use stale water, it is short of oxygen and cannot draw out the deliciousness from the leaf. If you don't wait, the tea you make is not tea but just colored water.

We often use tea bags. When you

make tea with tea bags, you should not put the tea bag into the cup directly. You should put it into the pot and wait for a moment. The reason for this is the same as in case of leaf tea. On the wrapping paper of tea bags you can find the instruction to keep it in boiled water for a minute.

We often add milk to tea. In England tea with milk has a very nice color, but in Japan it doesn't. This is because of the difference in the quality of the water between these countries—the hard water of England and the soft water of Japan. In the case of black tea, soft water brings out a clear and bright color. In the case of milk tea, hard water gives a creamy and appetizing color. Tea packers often mix leaves to suit the quality of the water of the country they are exporting to. I recommend that you drink pure tea at first in order to enjoy its wonderful color and aroma.

### A PROBLEM CONCERNING MASS-PRODUCED TEA

Bottled tea drinks are popular in Japan. As they come in cans or plastic bottles, and are sold at vending machines, we can drink them easily. Although they look like tea, however, they are not tea. They have the color, taste and aroma of tea, but they differ from genuine tea. Some of the bottled teas contain a coloring agent. If you compare the bottled "milk tea" with the genuine thing, you will notice that the bottled tea



has a dirty color like muddy water. The taste and aroma are weak and poor. Please don't believe that they are real tea. The companies advertise that they have a high grade, fine aroma and good taste, but these teas are only imitations. You cannot enjoy true tea until you make it yourself.

Black tea has been part of British culture for ages. Green tea has been part of Japanese culture, and oolong tea has been part of Chinese culture, too. Cultures have developed ways of drinking tea in their own way. To respect these different cultures and to enjoy tea, let's make genuine tea by ourselves!



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# The Amusement Park Sea Paradise

At Hakkeijima, which is a reclaimed island in Yokohama, "Yokohama Hakkeijima Sea Paradise" opened on May 8. It has the "Aqua Museum," the "Pleasure Land," the "Bay Market" and the "Sea Paradise Marina" for cruising.

At the "Pleasure Land," there are about 10 kinds of amusement machines, for example, "Surf Coaster," "Aqua Ride," "Water Chute," "Merry-Go-Round" and so on. Besides, the sight-seeing bus and the pleasure boat show you the island. Above all, "Surf Coaster" is very popular, though you must wait about an hour to get on. This roller coaster runs through the loop above the sea. Its fastest speed is 75 km an hour.

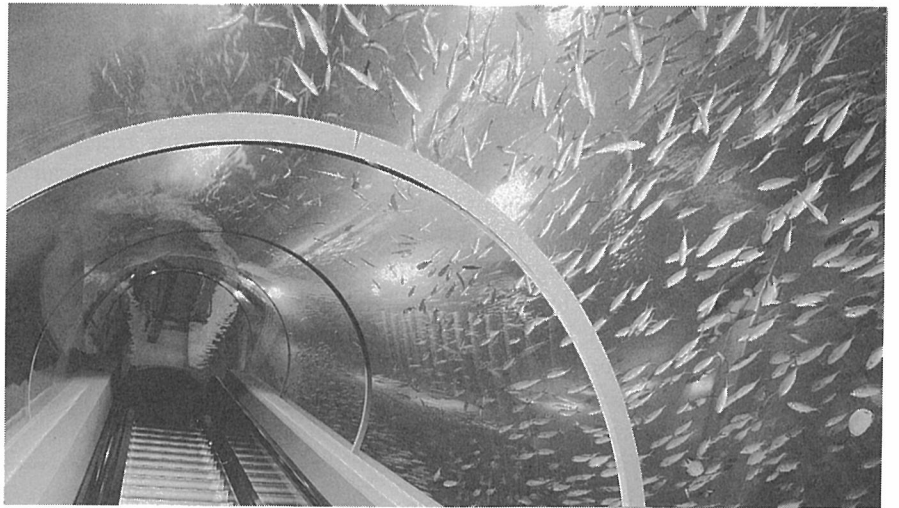
Now I'll introduce the "Aqua Museum." The entrance is on the 4th floor. Entering the building you have to choose

whether you enter the "Aqua Theater." Because you can't go back to the 4th or 5th floor once you go down to the 3rd. The Aqua Theater is on the 5th floor and you may enjoy the short film "Poseidon-The Mysterious Submarine City," about 15 minutes. You need to buy the ticket for the theater besides the admission fee, but the picture is so powerful that I suggest you to go there if you have time.

On the 4th floor, there are a botanical garden of the subtropics and the "Aqua Stadium." In the stadium you can see the performances of dolphins, seals, sea lions and so on. If you want to watch this show on a crowded day, for example, Saturday and Sunday, you should buy the ticket in the morning. In my case I entered early afternoon on Sunday, and the all tickets of the shows before 7:00 p.m. had already sold out. And the only

tickets for the show at 7:30 p.m. were sold then. So I couldn't see the show soon.

On the 3rd floor, there is the first



underwater escalator in the world which is called "Aqua Tube." This is the escalator which goes downstairs in the big glass tank, from the 3rd floor to the 1st floor. There are many kinds of fishes of the southern sea. Please don't be disappointed even if you have missed the chance to see the fishes you wanted to. You can also see them in places besides the escalator.

On the first floor, you can see many kinds of penguins, walruses, seals and polar bears that live in the polar regions. Especially, penguins and sea otters are brisk and charming. I recommend you

see them.

You can have a pretty good time at "Bay Market" as well as "Pleasure Land" or "Aqua Museum." In the area there are about 60 stores. I found even a pet shop and a drugstore. I was surprised at the greatest variety of restaurants—Italian, Polynesian and Chinese, not to mention Japanese or fast food restaurants. At about lunch time, every restaurant is crowded so I think you had better avoid this slot. The store which caught my

fancy most among many general stores is the "Warner Brothers" character shop. This is the only such store in Japan, and many items like *Bugs Bunny* or *Silverster* are displayed.

Particularly at night, the Merry-Go-Round is decorated with about 40,000 illuminations and the "Aqua Museum" is lit-up, too. I was deeply impressed by the beautiful sight.

Finally, on the way to the Sea Paradise, there is a park. It is a nice place to take a walk and sunbathe. So I think the "Yokohama Hakkeijima Sea Paradise" is suitable for spending your holiday.

## IF THERE IS ANYTHING MORE YOU CAN DO

We often hear students say, "This university is too small to do anything!" Yes, exactly. Though other universities have a large campus, St. Paul's has a small one because of its location. But this does not mean St. Paul's is a bad school. Take a look at its buildings made of bricks. These red brick school buildings go well with green ivy and they make a good atmosphere for St. Paul's.

By the way, I have found an interesting thing in my school life. Since I entered the university, I have had many classes, for example, in foreign languages, general education and my major. As a result, I have some favorite rooms on the campus. Of course, these rooms make me want to attend classes and I can have a wonderful time during the lecture.

For example, I like room 5502 best in Building #5. This room has a beautiful view, though it is a small and simple

room. Imagine with your eyes closed what a great contrast the red bricks and green ivy offer in the sea of Tokyo buildings. I cannot help feeling happy!

I also like the highest and biggest room of Building #4. It has a high ceiling against which footsteps echo, and wide windows which the sunshine pours through. The silence in this room makes me feel a kind of a loneliness during the lecture.

These are just a few examples of rooms I like. And classrooms look better or worse depending on the weather, seasons and your mood. You can find your own *favorite rooms*.

A classroom has its own image, including persons, memories and so on. But you need not find only *beautiful rooms*. That is not what I mean. I want you to find your own *favorite rooms*, time permitting. It will improve your student life.

### RIKKYO ECHO

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Give us your impressions of the articles after reading  
and NEW STAFFS WANTED!

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# The Lower One Crouches The Higher One Can Fly

Professor Koichi Yokoyama, more commonly called *Yokotetsu* by the students, is one of the famous figures on the campus. He is popular for being somewhat of a nonconformist who teaches Buddhism at the strongly Christian-influenced Rikkyo University. The following is our interview with Mr. Yokoyama.

**ECHO** (hereinafter referred to as "E"): Please tell us about your background.

**Mr. Yokoyama** (hereinafter referred to as "Y"): I entered the Department of Science II at Tokyo University in 1960. In the beginning, I was planning to become an astronomer or a doctor. However, I became interested in Buddhism during the course of my studies. Therefore, I re-entered my university in the Department of Philosophy, and went on to receive my Ph.D. there. Then I came to teach at Rikkyo University.

**E**: Why were you attracted to Buddhism?

**Y**: I was not satisfied with natural science, since it only covered research on facts, and did not teach the "truth." However, actually, I do not know the initial reason why I was attracted to religion. All I can say is that the influence of living in a temple when I was a child probably had a big influence on me.

**E**: Were you able to find "truth" in Buddhism?

**Y**: Needless to say, I do not think that I have reached the state of spiritual awakening. However, I have reached peace in my mind through Buddhism. Through practicing *misogi* (a *Shintoh* spiritual training), I think I have attained a true sense of peace from deep within my soul.

**E**: What do you expect students?

**Y**: Nowadays the students seem to be much influenced by their superficial circumstances; they remind me of puppets controlled by a puppeteer. A student who changes from one "circle" to another is a good example of this phenomenon. I would like to see more students listen to their deep selves, and be more confident with their everyday lives.

**E**: What is your view on teaching?

**Y**: For myself, education equals research, and research equals education. Although I do not want to sound arrogant, I would like to save mankind through teaching. Additionally, I would like the students to become future citizens who will make

others happy, and will be truly altruistic.  
**E**: You are famous for being a big drinker. What does drinking mean to you?

**Y**: When I drink, I lose my ordinary self. However, I believe that my intoxicated self is also a part of myself. Therefore I believe that one can see oneself more objectively by analyzing their drunk and sober selves. So I encourage students to drink as much as possible they can.



**E**: So for you, academics, teaching and alcohol are all spiritual training?

**Y**: Yes. It is important for a human being to possess both knowledge and action. The lower one crouches, the higher one

can fly. A student should experience a lot, crouch as low as possible, so that he can fly as high as possible.

**E**: Thank you very much.

**Y**: Thank you.

## FANTASTIC DREAM

Do you know Mr. Kenji Konno? Now he is a senior of Rikkyo University and he is majoring in Christianity. This time he was chosen as a member of All-Japan Lacrosse team. Mr. Konno began to play lacrosse after he entered the university. Three years ago, as soon as he was recommended by a player of All-Japan, he decided to enter the lacrosse circle. The practice is very hard. They practice on Monday, Tuesday, Thursday and Saturday from 7 a.m. to 9 a.m. On Sunday they usually have matches.



**ECHO** (hereinafter referred to as "E"): How do you feel when you win a match?

**Mr. Konno** (hereinafter referred to as "K"): The win is the fruit of our efforts. The moment we win, I can't think any-

thing. After a while, I feel our win faintly. Last year we sang a fight song after the match while we felt satisfaction.

**E**: What does lacrosse mean for you?

**K**: It's my dream. In a sense, it is only lacrosse that I have done in my university life. Of course I have studied, but I have been crazy about lacrosse. Lacrosse is something to live for in my case. It gives me a dream and it became my dream.

**E**: What is lacrosse's fascination?

**K**: Whatever you may say, firstly, its fascination is speed. I got a goal in six seconds from the beginning and it's my shortest record. The development is so fast that you can't take your eyes off the game. Secondly, hard body checks. We can devote our whole energy to the play. Usually the defense isn't outstanding but when they deprive the opposition of a ball with body check, I am impressed. Thirdly, high possession-rate. The de-

velopment of the game becomes smooth and speedy because we can't be easily deprived of a ball once a ball is in a stick.

**E**: What is necessary for playing lacrosse?

**K**: First of all, we need our judgment of the situation. If we don't have a clear grasp of the situation, the development of the game will be uninteresting. It's important to judge properly on each occasion. It is not too much to say that whether a person is a good player or not depends on his intelligence.

**E**: Would you express your hopes from now on?

**K**: First of all, I want to get at least one win at next year's World Cup. Now Japan's level of lacrosse is not high, and at World Cup we would defeat England and Australia which are on the same level as Japan. If we could do that, we would gain confidence and could take a further step. Next we aim at defeating America and Canada, which are the best in the world. If Japan achieved equality with America and Canada, lacrosse would attract a great deal of attention in Japan. I'll play an active part in the All-Japan team and tell many people lacrosse's attraction. I hope lacrosse will be more popular here in Japan.

Mr. Konno talked about lacrosse's attraction with a gleam in his eye. His eagerness for lacrosse is splendid. He seems to have confidence in what he has done. His motto is "Never give up." We all cheer him.

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